

AUGUST 2020 LODGE GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
July 27 5:30am-9:30pm Cardio Equip. #1 8:30am-11:30am B-Ball Camp #2	July 28 5:30am-9:30pm Cardio Equip. #1 8:30am-11:30am B-Ball Camp #2	July 29 5:30am-9:30pm Cardio Equip. #1 8:30am-11:30am B-Ball Camp #2 6:30pm-9:30pm V-Ball League #2	July 30 5:30am-9:30pm Cardio Equip. #1 8:30am-11:30am B-Ball Camp #2	July 31 5:30am-9:30pm Cardio Equip. #1 8:30am-11:30am B-Ball Camp #2	1 6:30am-8:00pm Cardio Equip. #1	2 9:00am-6:00pm Cardio Equip. #1
3 5:30am-9:30pm Cardio Equip. #1 5:45am-6:40am Basic Train #1 8:00am-8:55am Group Str. #1 9:00am-9:55am Basic Train #1 10:00am-10:55am BodyPump #1 5:30pm-6:25pm Bodypump #1	4 5:30am-9:30pm Cardio Equip. #1 5:45am-6:40am Cycling #1 8:00am-8:55am Cardio Sculpt #1 9:00am-9:55am Bodypump #1 10:00am-10:55am GoalBusters #1 5:30pm-6:25pm Fit Revolution #1	5 5:30am-9:30pm Cardio Equip. #1 5:45am-6:40am Bodypump #1 8:00am-8:55am Group Str. #1 9:00am-9:55am Basic Train #1 5:30pm-6:25pm Bodypump #1 6:30pm-9:30pm V-Ball League #2	6 5:30am-9:30pm Cardio Equip. #1 5:45am-6:40am Cycling #1 8:00am-8:55am Cardio Sculpt #1 9:00am-9:55am Bodypump #1 10:00am-10:55am GoalBusters #1 5:30pm-6:25pm Fit Revolution #1	7 5:30am-9:30pm Cardio Equip. #1 5:45am-6:40am Bodypump #1 6:45am-7:40am Cycling #1 8:00am-8:55am Group Str. #1 9:00am-9:55am Basic Train #1 10:00am-10:55am BodyPump #1	8 6:30am-8:00pm Cardio Equip. #1 8:00am-8:55am Cycling #1 10:00am-10:55am Bodypump #1	9 9:00am-6:00pm Cardio Equip. #1 9:45am-10:40am Bodypump #1
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